PLAN TO LEARN

NAME OF TALK OR COURSE OR COURSE MODULE:

ACCESS NOTES:

WHAT WILL THIS COURSE SOLVE FOR ME?

WHY IS IT IMPORTANT TO ME THAT I SOLVE THIS PROBLEM?

WHO CAN HOLD ME ACCOUNTABLE TO IMPLEMENTING?

| | / / ADDED TO CAL Y N |
|---------------------|------------------------------|
| TO-DOS TO PLAN FOR: | HABITS TO PLAN FOR: |
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| 0 | THE MOST IMPORTANT TAKEAWAY: |
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